

To my Christian friend, I. R. comfort in Christ during this life, and glory with Christ in the life to come.

When I lay at Pinchfield (where I had more leisure and fewer Books than I could have wished, I composed this *Selah* or Collection of those verses in the booke of *psalms* which the Holy Ghost makes remarkable with this word of attention *Selah*. Which verses I have set together not according to the order of the *psalms* from whence they be taken, but according to the correspondency of matter which the verses themselves contain, considered with verses adjoining. Out of which, I sometimes take so much as may make the sense of the verse wherein *Selah* is more evident to the purpose wherunto I apply it. The word *Selah* I understand in euery verse saue only in one, in which I expresse it, because the Spirit hath set a double mark vpon that. This collection written I gave for a Newyears gift to you for whose sake especially it was composed. But now, in consideration of the calamities of these times it is imprudent, that I may bestow it vpon you when your selfe: For such is the communion of Saints, in the fellowship of the Spirit, that the feelings of the whole Church, and of euery member, be alike, & therefore doth the Spirit in sundry *psalms*, speake both plurally and singularly of one and the same subject: yea, sometimes in one and the same verse. Receive therefore this composed *Selah*, as a token of my remembrance the kinde which I have received from you and your friends, and shew how you esteeme it, by making some good use thereof. Farewell.

SELAH

Complaine



God heare my prayer, hearkē vnto the words of my mouth, For strangers are risen vp against me, and Tyrants seeke my soule. They haue not set God before them. 54. 2. 3.

3. 2. Many say vnto my soule, There is no helpe for him in God.

They haue sharpened their tongues like a serpent. Adders poison is vnder their lips. 140. 3.

83. 8. Ashur is also ioynd with them, they haue bene an arme to the children of Lot.

140. 5. The Proud haue laid a snare for me, and spread a net with cordes in my Path-way, and set grinnings for me.

74. 5. If I rewarded euill vnto him that had peace with me; then let mine enemy persecute my soule and take it; yea let him tread my life down vpon the earth, and lay mine honour in the dust.

55. 6. 7. I said, O that I had wings like a dove, then would I flie away & rest; Behold I would take my flight farre off, & lodge in the wilderness.

77. 3. I did thinke vpon God, and was troubled, I prayed, and my spirit was full of anguish.

32. 4. For thy hand is heavy vpon me day and night, and my moisture is turned into the drought of summer.

39. 11. When thou with rebukes dost chastise man for iniquity, thou as a moth makest his beauty to consume. Surely euery man is vanity.

89. 48. What man lieth & shall not see death? Shall he deliuer his soule from the hand of the graue?

45. The daies of his youth hast thou shortened, and couered him with shame.

39. 5. Behold, thou hast made my dayes as an hand-bredth, and my age is nothing in respect of thee. Surely euery man in his best estate is altogether vanity.

88. 10. Wilt thou shew a myracle to the dead? or, Shall the dead rise, and praise thee?

7. Thine indignation lieth vpon me, and thou hast vexed me with all thy waues.

77. 9. Hath God forgotten to be mercifull? Hath he shut vp his mercy in displeasure?

32. 5. Then I acknowledged my sinne vnto thee, neither hid I mine iniquity: For I thought, I will confesse against my selfe my wickednesse vnto the Lord, and thou forgavest the punishment of my sinne.

3. 8. Saluation belongeth vnto the Lord, and thy blessing is vpon thy people.

66. 7. He ruleth the world with his power, his eyes behold the nations; The rebellious shall not exalt themselves.

50. 6. And the heauens shall declare his righteousness; For God is iudge himselfe.

9. 16. The Lord is knowne by executing iudgment, The wicked is snared in the worke of his owne hands: *Higgaion Selah*.

55. 19. God wil heare and afflict them, euen he that raignes of old.

75. 23. When I shall take a conuenient time, I will iudge righteously. The earth and all the inhabitants thereof are dissolued: But I will establish the pillars of it.

76. 1. 2. 3. God is knowne in Iudah, his Name is great in Israel: For in *Salem* is his tabernacle, and his dwelling in *Zion*. There brake be the arrows of the bow, the sheild, and the sword, and the battaile.

87. 3. Glorious things are spoken of thee, O City of God.

6. The Lord shall count, when he fighteth thy people, He was born there.

89. 3. 4. I haue made a couenaunt with my chosen, I haue sworn to *Dauid* my seruant; Thy seed will I establish for euer, and set vp thy throne from generation to generation.

37. He shall be established for euermore as the moone, and as a faithfull witness in the heauen.

68. 7. O God, when thou wentest forth before thy people, when thou wentest through the wilderness.

76. 9. When thou O God arose to iudgement to help all the meeke on the earth.

77. 15. Thou hast redeemed thy people with thine arme, euen the sonnes of *Jacob* and *Joseph*.

85. 2. Thou hast forgiven the iniquity of thy people, and couered all their finnes.

43. 1. O ye sonnes of men, how long will ye turne my glory into shame, louing vanity and seeking lies?

82. 2. How long will ye iudge vniustly, & accept the persons of the wicked?

62. 3. 4. How long will ye imagine mischeife against a man: ye shall be all shamed, ye shall be as a bowed wall, or as a wall shaken; yea they confute to cast him downe from his dignity. Their delight is in lies, they blesse with their mouthes, but curse with their hearts.

49. 10. 11. 13. Foolish men perish, and leaue their riches for others: yet

they thinke their houses shall continue for euer, and call their landes by their names. This their way vttereth their foolishnesse, yet their posterity delighteth in their talke.

52. 3. Thou dost loue euill more then good, and lies more then to speake the truth.

4. 5. Thou louest all words that may destroy, O deceitfull tongue. So shall God destroy thee for euer; He shall take and pluck thee out of thy tabernacle, and root thee out of the land of the liuing.

4. 4. Tremble, and sinne not, examine your owne heart, and be still.

67. 4. Let the nations be glad and reioyce. For thou shalt iudge the people righteously, and gouerne the nations vpon the earth.

62. 8. Trust in him alway yee people, poure out your heartes before him: For he is our hope.

81. 7. Thou calledst in affliction, and I deliuered thee, and answered thee in the secret of thunder, I proued thee, at the waters of *Meribah*.

24. 6. This is the generation of them that seeke him, of them that seeke thy face, this is *Jacob*.

84. 4. Blesed are they that dwell in thine house, They wil euer praise thee.

3. 4. I did call vpon the Lord with my voice, and he heard mee out of his holy mountaine.

46. 1. 2. 3. God is our hope, and strength, and helpe in troubles, ready to be found. Therefore will not we feare though the earth be moued, & though the mountaines fall into the midst of the sea, and though the waters thereof rage and be troubled, and the mountaines shake at the furies of the same.

32. 7. Thou art my secret place, thou preferuest me from trouble, thou compassest me about with ioyfull deliuerance.

57. 3. He will tend from heauen and saue mee from the reproofe of him that would swallow me vp.

49. 15. But God shall deliuer my soule from the power of the graue: For he will receiue me.

46. 7. The Lord of hostes is with vs. The God of *Jacob* is our refuge.

47. 4. Hee hath chosen our inheritance for vs, euen the glory of *Jacob* whom he loued.

48. 8. As we haue heard, so haue we seen in the citie of the Lord of hostes, in the Citie of our God. God wil establish it for euer.

67. 1. God be mercifull vnto vs, and blesse vs, and cause his face to shine among vs.

59. 5. Euen thou O Lord God of hostes, O God of *Israel*, awake to visit all the heathen, and be not mercifull vnto all that transgresse maliciously.

13. Consume them in thy wrath, consume them that they bee no more, and let them knowe that God ruleth in *Jacob*, euen vnto the ends of the world.

16. 20. Put them in teare, O Lord, that the heathen may know that they are but men.

140. 8. Let not the wicked haue his desire O Lord, performe not his wicked thought, lest they be to proud.

84. 8. O Lord of hostes heare my prayer, hearken O God of *Jacob*.

143. 6. Streth forth mine handes vnto thee, my soule desireth after thee as a thirstie land.

20. 1. 2. 3. The Lord heare thee in the day of trouble, the Name of the God of *Jacob* defend thee, send thee helpe from the Sanctuary, and strengthen thee out of *Zion*: Let him remember all thine offerings, and turne thy burnt offerings into ashes.

21. 1. 2. The King shall reioyce in thy strength O Lord, yea how greatly shall he reioice in thy saluation! Thou hast giuen him his hearts desire, and hast not denied him the request of his lippes.

60. 3. 4. Thou hast shewed thy people heauie things, thou hast made vs drinke the wine of giddines. But now thou hast giuen a banner to them that feare thee: that it may be displayed because of thy truth.

46. 11. The Lord of hostes is with vs, The God of *Jacob* is our refuge.

24. 19. Who is the king of glory? The Lord of hosts he is the king of glory.

57. 6. They haue laid a net for my steps, my soule is pressed downe, they haue digged a pit before me, and are fallen into the midst of it.

44. 7. 8. But thou hast saued vs from our aduersaries, and hast put them to confusion that hate vs. Therefore will we praise God continually, and will confesse thy Name for euer.

61. 4. I will dwell in thy Tabernacle for euer, and my trust shall be vnder the couering of thy wings.

66. 14. 15. I will goe to thine house with burnt offerings, and wil pay thee my vowes which my lips haue promised and my mouth hath spoken in mine afflictions I will offer vnto thee the burnt offerings of fat rammes, with incense. I wil prepare bullockes and goats.

4. All the world that worship thee, & sing vnto thee, eue sing to thy Name.

68. 32. Sing vnto the Lord O ye Kingdomes of the earth, sing praises vnto the Lord.

19. Praised be God, euen the God of our saluation, who ladeth vs daily with benefits.

Praise.

Prayer.

Praise.